



# MOAIDD EXPRESS

Fall / Winter 2003

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## MEET OUR NEW BOARD MEMBERS

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### Bev Woodhurst (Hannibal Area)

My name is Bev Woodhurst and I live in Monroe City. I have four children, three boys and one girl, two of which have disabilities. I have held the position of Parent Policy Partner since May of 1998 at the Hannibal Regional Center. I love working and spending time with my family. I look forward to continuing my adventure as a MOAIDD volunteer and board member and enhancing my knowledge of the uniqueness of people around the state. I will continue to use their experience and knowledge to make my son's life as successful as possible and help him to be as independent as he wants to be on his own journey through life and it's many challenges.

### Lisa Nothaus (At Large, Rolla Area)

Hi – I am Lisa Nothaus. I live in Rolla, MO, with my husband and two teen-age daughters. I have been contracted as a Parent Policy Partner with the Rolla Regional Center for the past 5 years.

In my spare time, I find myself reading articles, doing activities with my family, searching the Internet, shopping, and sometimes just relaxing! I am very happy to be a part of the MOAIDD team and look forward to being involved with the other board members, volunteers, etc... It is my sincere hope that I can contribute something valuable to a system that supports people with developmental disabilities and families like mine. I hope to be instrumental in working with others to guide the principles that will provide quality lives for people as well as provide satisfaction and security to their family members. My youngest daughter has a developmental disability. My family and I understand how critical it is to have stable support systems surrounded by value, opportunity, trust and security. I look forward to working with others within a system that strives to enhance quality of life for people.



**MOAIDD Has Two New Board Members**

## MOAIDD AND SEXUALITY

### SPECIAL POINTS OF INTEREST:

- MOAIDD and SEXUALITY
- OPEN MIC IN ST. LOUIS
- VOLUNTEERS NEEDED
- VISITS ON TRACK
- 1ST ANNUAL REPORT !!!
- NEW BOARD MEMBERS

Sexuality..... This is a delicate subject at any time. Sexuality is so much more than S-E-X. It is what makes you a man or a woman. It is learning ways to keep yourself safe from abuse. It is learning about dating, etc.. MOAIDD strives to ensure this subject is appropriately addressed when we visit folks. MOAIDD, along with providers and regional centers, have struggled with making recommendations reality. In order to make sure we are doing the best job we can and to support volunteers, you will soon be receiving a brief questionnaire regarding sexuality and MOAIDD visits. We will revise our training and policies based on your responses. Some things we want to address are what exactly should volunteers ask during a visit, how can we make sexuality recommendations more specific, and what would be helpful in sexuality training? So please take the time to complete and return the questionnaire.

Your opinion is EXTREMELY IMPORTANT!

*MOAIDD Express, MOAIDD Express, MOAIDD Express, MOAIDD Express, MOAIDD Express*

## NEWS FROM THE SOUTH:



MOAIDD Volunteer pool is getting larger

*According to  
Energize Volunteer  
Management*

"Volunteerism is the voice of the people put into action. These actions shape and mold the present into a future of which we can all be proud."

MOAIDD offered 3 Volunteer trainings in August at Springfield and Joplin Regional Centers. As a result of the trainings MOAIDD has gained 2 new Volunteers in the Springfield area, 5 new Volunteers and 3 Team Leaders in the Joplin area. Because the MOAIDD Volunteer pool is getting larger, MOAIDD is on schedule with MOAIDD visits in the Springfield, Joplin, Sikeston, and Poplar Bluff regions. Volunteers have completed the visits in the Springfield and Joplin regions for 2003. The Poplar Bluff and Sikeston regions each have 3 visits to be scheduled to complete 2003.

Volunteer, Mamie Benson commented, "as volunteers you are helping to make sure that people have quality of life but volunteers also have a chance to make new friends and can give a lasting impression of MOAIDD and what it represents." When making a MOAIDD visit, Mamie said she tries to treat others as she would want to be treated and she keeps in mind that people are nervous about someone new coming into their home. "Making everyone feel comfortable is important."

Thank you to the Volunteers for their time and energy in making the visits to the agencies and for their observations and expertise to improve quality of life one person at a time, in a partnership with the person, family, guardian, support staff, agency, and regional center.

"Volunteerism is the voice of the people put into action. These actions shape and mold the present into a future of which we can all be proud."

**Go MOAIDD!!!** Teri Wondra

## GREETINGS FROM THE NORTH!



I am in need of new volunteers in the Kansas City area.

Things continue to run on schedule for the Albany and Kansas City areas. I currently have several visits ready to schedule, so you can expect a phone call from me soon! I am in need of new volunteers in the Kansas City area. If you know of any individuals or know of any organizations that I could contact about becoming potential volunteers, please contact me. Our numbers are low and I would like to see our volunteer pool grow. I can be reached via e-mail at [mkbrows@mail.dmh.state.mo.us](mailto:mkbrows@mail.dmh.state.mo.us) or 1-800-560-8774. Thank you to all who have been out doing visits! All your work is greatly appreciated!

Shelly Brown

## MOAIDD Open Mic Discussion Session

October 29, 2003 11:00 am—2:00 pm, 3101 Chouteau, St. Louis

This session will be open to inactive volunteers, active volunteers and past volunteers to bridge the gap between then and now. This will be a way to help volunteers give feed back about the MOAIDD volunteer process, to see the changes that have taken place since their active status, to reinstate volunteers, to improve volunteer worthiness, increase awareness of MOAIDD throughout the community, to gain a partnership with other organizations so that new volunteers can be recruited, to increase volunteer participation in metro Missouri and to answer any other questions that volunteers have. The panelist will be former MOAIDD Board Vice President and one of the founders of MOAIDD JoAnn Rankins-Cannon and current Board Member Evelyn Austin.

If there are any others who would like to be a panelist they should contact Tequias Bass at 314-301-3993.



**Open Microphone  
11am—2pm**

### New Volunteer Training ST. LOUIS REGION NOVEMBER 10, 2003

This is a training offered to people who are family members of individuals with developmental disabilities and individuals with developmental disabilities that would like to receive training on how their personal experiences, challenges and obstacles can help enhance the quality of life in other individuals with developmental disabilities. Also from this training you will make new friends, meet new people, gain new experiences, and enhance your life and the lives of others.

For more information contact Tequias Bass at 314-301-3993.

**“...help enhance the quality of life in other individuals with developmental disabilities.”**

## NEWS FROM CENTRAL MISSOURI

Greetings all! I hope everyone has had a good year. As you probably know another “state” year has passed. I can’t believe it but a year has passed for me as well, I have now been a MOAIDD coordinator for a little over a year. I just want to thank all of you for making it a good year. Thanks to all the staff and hard working volunteers, Central Missouri is on track and visits are getting scheduled. We have had a few more volunteers and Team Leaders added to our ranks and hopefully more to come. I’m looking forward to another great year. I’ll be calling you soon so get out your calendar so we can fill them up with MOAIDD visits. I look forward to working with you in making a difference and helping to improve the quality of life for all Missourians.

Chad Courter



It's amazing **how** time flies, has it been a year already?!

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## MOAIDD

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We are on the WEB !

<http://www.dmh.missouri.gov/mrdd/moaidd/index.htm>

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# MOAIDD

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*The Missouri Alliance for Individuals with Developmental Disabilities is a statewide volunteer organization consisting of individuals with developmental disabilities and family members of people with developmental disabilities.*

*Its purpose is to monitor and make recommendations to improve the quality of life of Missouri's citizens with developmental disabilities. MOAIDD fulfills this mission by completing periodic visits to individuals who are receiving residential services through Missouri's Department of Mental Health, Home and Community Based Waiver through the Division of Mental Retardation & Developmental Disabilities.*



MOAIDD will soon be publishing  
its first annual report.

### FIRST ANNUAL MOAIDD REPORT COMING SOON

Be watching our website!

MOAIDD will soon be publishing its first annual report. Some highlights from the report include all of the hours that volunteers have tirelessly dedicated to MOAIDD and the people visited, a complete breakdown of the recommendations that volunteers made over the past fiscal year and evaluation comments from the people who received a visit.

Overall the past fiscal year was very positive and productive for MOAIDD. We have increased our volunteer pool by 37 people, completed many more visits than previous years and most importantly have proof of positive things that happened for people as a result of MOAIDD.

I personally want to thank the volunteers and the MOAIDD Coordinators for being so dedicated to making sure the people we visit have a good quality of life. You guys are the greatest!

If you have any comments on how we can improve MOAIDD or any questions, please do not hesitate to call on me at 1-888-671-1041.

Happy Holidays

Anne Jackson

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